



Gymnastics
Victoria

RETURN TO GYMNASTICS



COVID SAFETY PLAN



Melbourne Gymnastics Centre Pty Ltd

Windsor, Melbourne & State Gymnastics Centre

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Version 2

Introduction

The purpose of this COVID-19 Safety Plan (Plan) is to provide an overarching plan for the implementation and management of procedures by Gymnastics Victoria (GV) to support Melbourne Gymnastics Centre and its members and participants in the staged resumption of community sport and club activities.

The arrangements set out in this Plan are intended to prevent the transmission of COVID-19 among members, participants, coaches, officials, administrators/volunteers, visitors, families and the broader community. The Plan provides the framework to govern the general operation of Melbourne Gymnastics Centres, at any facilities it controls, the training behaviour of all members and participants and the monitoring and reporting of the health of attendees at any centre.

Principles

This Plan is based on, and accepts, the AIS Framework for Rebooting Sport in a COVID-19 Environment (AIS Framework) and the National Principles for the Resumption of Sport and Recreation Activities (National Principles).

The Plan also accepts as key principles that:

- The health and safety of members, participants, coaches, officials, administrators/volunteers, visitors, families and the broader community is the number one priority;
- Members, participants, coaches, officials, administrators/volunteers, families and the broader community need to be engaged and briefed on MGC's return to sport plans;
- Facilities are assessed, and appropriate plans are developed to accommodate upgraded hygiene protocols, physical distancing and other measures to mitigate the risk of transmission of COVID-19;
- Training cannot resume until the arrangements for sport operations and facility operations are finalised and approved, if necessary; and
- At every stage of the return to sport process MGC must consider and apply all applicable State and Territory Government and local restrictions and regulations. MGC needs to be prepared for any localised outbreak at our facilities, or in the local community.

The COVIDSafe Plan is grouped into six COVIDSafe principles. These include:

1. Ensure physical distancing
2. Wear a face covering
3. Practise good hygiene
4. Keep records and act quickly if workers become unwell
5. Avoid interactions in enclosed spaces
6. Create workforce bubbles

Equipment / Area Sterilisation

Increase cleaning protocols and ensure high standards of routine environmental cleaning

- Staff should complete regular disinfection of all mats and general areas
- Minimise use of shared equipment and wipe down after each use
- Clean and disinfect high touch surfaces regularly, including desks, door handles, benches, light switches, taps
- Review first aid practices, e.g. sanitising icepacks/using disposable ice bags
- Open windows, enhance airflow, adjust air conditioning

Signs and posters from safework Australia to be displayed around the gym and entrances

REFER TO Safe Australia Cleaning Guide for protocol on cleaning

<https://www.safeworkaustralia.gov.au/doc/how-clean-and-disinfect-your-workplace-covid-19>

CLUB SURFACE AND EQUIPMENT CLEANING GUIDELINES FOR NON-GYMNASTICS EQUIPMENT ONLY (GYMNASTICS AUSTRALIA FACT SHEET)

Recommended cleaning by surface (General Surfaces Only)

- The following table outlines the recommended minimum frequencies for routine cleaning of various surfaces in the workplace, as well as recommended cleaning and disinfecting following a suspected or confirmed case of COVID-19.
- It is applicable to all workplaces, noting some surfaces may not be relevant to all workplaces.
- It is highly recommended that workplaces are be cleaned at least daily. More frequent cleaning may be required in some circumstances. For example, if equipment is shared between workers, it should be cleaned between uses, where practicable.
- More frequent disinfection may be required at workplaces with a high volume of workers, customers or visitors that are likely to touch surfaces.

ITEM	ROUTINE CLEANING					FOLLOWING SUSPECTED OR CONFIRMED CASE		
	METHOD	FREQUENTLY TOUCHED AREAS	CLUB ACTION TAKEN	INFREQUENTLY TOUCHED AREAS	CLUB ACTION TAKEN	METHOD	ALL SURFACES	CLUB ACTION TAKEN
Soft plastics	Damp dust + Detergent	Clean at least daily or every shift change		Clean weekly		Detergent + Disinfectant	Clean and disinfect as soon as you become aware	
Hard plastics	Detergent	Clean at least daily or every shift change		Clean weekly		Detergent + Disinfectant	Clean and disinfect as soon as you become aware	
Metal surfaces (stainless steel, uncoated steel, zinc coated steel, aluminium)	Detergent	Clean at least daily or every shift change		Clean weekly		"Detergent + Disinfectant* *uncoated steel is more susceptible to rust when disinfected. Disinfect only when necessary, and treat for rust as appropriate	Clean and disinfect as soon as you become aware	
Painted metal surfaces	Detergent	Clean at least daily or every shift change		Clean weekly		Detergent + Disinfectant	Clean and disinfect as soon as you become aware	
Deliberately Greased or Oiled metal surfaces	Clean according to manufacturer's recommendations	Clean at least daily or every shift change		Clean weekly		Clean according to manufacturer's recommendations	Clean as soon as you become aware	
Wood	Damp dust + Detergent	Clean at least daily or every shift change		Clean weekly		Detergent + Disinfectant	Clean and disinfect as soon as you become aware	
Laminate	Detergent	Clean at least daily or every shift change		Clean weekly		Detergent + Disinfectant	Clean and disinfect as soon as you become aware	
Glass	Detergent	Clean at least daily or every shift change		Clean weekly		Detergent + Disinfectant	Clean and disinfect as soon as you become aware	
Concrete (polished)	Detergent	Clean at least daily or every shift change		Clean weekly		Detergent + Disinfectant	Clean and disinfect as soon as you become aware	
Concrete (rough)	Use alternate, cleanable options, such as electronic tablets. If use is unavoidable, and individual use is	Not suitable for cleaning		Not suitable for cleaning		Dispose of in the bin (double-bagged), or leave undisturbed for a minimum of 72 hours, longer if possible.	Not suitable for cleaning. Leave undisturbed for a minimum of 72 hours.	

	not feasible, use a plastic protective sheet over the page.							
Leather	Clean according to manufacturer's recommendations	Clean at least daily or every shift change		Clean weekly		Clean and disinfect according to manufacturer's recommendations	Clean and disinfect as soon as you become aware	
Fabric	"Vacuum (HEPA). Damp dust + Detergent. If launderable, wash on warmest possible setting according to manufacturer's recommendations with laundry detergent"	Clean at least daily or every shift change		Clean weekly		Detergent + Steam clean. If launderable, wash on warmest possible setting according to manufacturer's recommendations with laundry detergent	Clean and disinfect as soon as you become aware	
Paper	Use alternate, cleanable options, such as electronic tablets. If use is unavoidable, and individual use is not feasible, use a plastic protective sheet over the page.	Not suitable for cleaning		Not suitable for cleaning		Dispose of in the bin (double-bagged), or leave undisturbed for a minimum of 72 hours, longer if possible.	Not suitable for cleaning. Leave undisturbed for a minimum of 72 hours.	

CLUB SURFACE AND EQUIPMENT CLEANING GUIDELINES. RECOMMENDED CLEANING OF GYMNASTICS EQUIPMENT (GYMNASTICS AUSTRALIA FACT SHEET)

The following table outlines the recommended minimum frequencies for routine cleaning of various gymnastics equipment and apparatus, as well as recommended cleaning and disinfecting following a suspected or confirmed case of COVID-19.

It is highly recommended that all equipment where possible and appropriate is cleaned at least daily. More frequent cleaning may be required in some circumstances. For example, if equipment is shared, it should be cleaned between uses, where practicable.

More frequent disinfection may also be required at workplaces with a high volume of customers or visitors that are likely to touch surfaces.

For apparatus that cannot be easily cleaned, it is imperative that the athlete/coach sanitizes the relevant body part that comes into contact with the apparatus both before and after using the apparatus. Such apparatus includes:

- Uneven Bars
- High Bar
- Parallel Bars
- Pommel Horse
- Beam
- Rings Vault

Spieth and AMCO are currently working on a sanitising product that will be able to be applied to all apparatus including beam, vault, and uneven bar rails without causing any damage. This product is currently being finalised and tested along with medical experts in Europe. We hope to have this available with all accompanying documentation explaining exactly what the use of this product will achieve against the spread of COVID-19 as soon as possible.

ITEM	ROUTINE CLEANING					FOLLOWING SUSPECTED OR CONFIRMED CASE		
	METHOD	FREQUENTLY TOUCHED AREAS	CLUB ACTION TAKEN	INFREQUENTLY TOUCHED AREAS	CLUB ACTION TAKEN	METHOD	ALL SURFACES	CLUB ACTION TAKEN
All metallic surfaces	Detergent	Clean at least daily or every shift change		Clean weekly		Detergent + Disinfectant* *uncoated steel is more susceptible to rust when disinfected. Disinfect only when	Clean and disinfect as soon as you become aware	

						necessary, and treat for rust as appropriate		
Vault track	Vacuum with HEPA filter	Clean daily		Clean weekly		Detergent + Disinfectant Damp dust	Clean and disinfect as soon as you become aware	
Floor	Vacuum with HEPA filter	Clean daily		Clean weekly		Carpet shampoo + Steam clean	Clean and disinfect as soon as you become aware	
Floor	Shampoo or steam clean	Clean annually		Clean annually		Carpet shampoo + Steam clean	Clean and disinfect as soon as you become aware	
Trampoline	Detergent	Damp mop daily		Damp mop daily		Detergent + Disinfectant	Clean as soon as you become aware	
Double Mini Trampoline	Detergent	Damp mop daily		Damp mop daily		Detergent + Disinfectant	Clean as soon as you become aware	
Tumble Track	Detergent	Damp mop daily		Damp mop daily		Detergent + Disinfectant	Clean as soon as you become aware	
Floor Mat	Detergent	Damp mop daily		Damp mop daily		Detergent + Disinfectant	Clean as soon as you become aware	
Crash Mat	Detergent	Damp mop daily		Damp mop daily		Detergent + Disinfectant	Clean as soon as you become aware	
Protective Pads	Detergent	Damp mop daily		Damp mop daily		Detergent + Disinfectant	Clean as soon as you become aware	
Foam Pit	Avoid using foam pits as much as possible. If absolutely necessary, use 10cm PVC mats on top of the pit and clean as per the guidelines above. Remove foam cubes and disinfect the vinyl base and pit padding. It is not possible to sanitize the foam at this time.							
General Considerations	<ul style="list-style-type: none"> Wipe down all metallic surfaces of apparatus with disinfectant between each class. Do not use water to clean carpet matting. Any moisture will result in mould forming in the foam and damage the mats. Rhythmic Gymnastics – all apparatus to be provided by the individual athlete. No athlete is to share apparatus. Where possible all athletes to have their own chalk. For all other equipment (including toys, etc) clean according to the surface as outlined above. 							

CLUB SURFACE AND EQUIPMENT CLEANING GUIDELINES. RECOMMENDED CLEANING BY ITEM (GYMNASTICS AUSTRALIA FACT SHEET)

The following table outlines the recommended minimum frequencies for routine cleaning of various items in the workplace, as well as recommended cleaning and disinfecting following a suspected or confirmed case of COVID-19.

- It is applicable to all workplaces, noting some items may not be relevant to all workplaces.
- It is highly recommended that workplaces are be cleaned at least daily. More frequent cleaning may be required in some circumstances. For example, if equipment is shared between workers, it should be cleaned between uses, where practicable.
- More frequent disinfection may also be required at workplaces with a high volume of customers or visitors that are likely to touch surfaces.

ITEM	ROUTINE CLEANING					FOLLOWING SUSPECTED OR CONFIRMED CASE		
	METHOD	FREQUENTLY TOUCHED AREAS	CLUB ACTION TAKEN	INFREQUENTLY TOUCHED AREAS	CLUB ACTION TAKEN	METHOD	ALL SURFACES	CLUB ACTION TAKEN
Alcohol-based hand sanitiser dispenser	Detergent	Clean at least daily		Clean weekly		Detergent + Disinfectant	Clean and disinfect as soon as you become aware	

Bath	Detergent	Clean daily, or after each use if shared facilities		Clean at least daily		Detergent + Disinfectant	Clean and disinfect as soon as you become aware	
Call bell/door bell	Detergent	Clean at least daily		Clean weekly		Detergent + Disinfectant	Clean and disinfect as soon as you become aware	
Carpet (Soft Floor)	Vacuum with HEPA filter	Clean daily		Clean weekly		Carpet shampoo + Steam clean	Clean and disinfect as soon as you become aware	
	Shampoo or Steam Clean	Clean Annually		Clean Annually				
Ceiling	Damp dust + Detergent	Spot clean daily & wash yearly, e.g. access hatches and surrounds		Spot clean weekly & wash every 3 years		Detergent + Disinfectant	Clean and disinfect as soon as you become aware	
Chairs (non-upholstered) e.g. plastic chairs, wooden chairs, other non-padded chairs	Detergent	Clean at least daily		Clean weekly		Detergent + Disinfectant	Clean and disinfect as soon as you become aware	
Chairs (upholstered) e.g. fabric padded chairs, sofas, office chairs	Vacuum (HEPA) Damp dust + Detergent	Clean at least daily		Clean weekly		Detergent + Steam clean	Clean and disinfect as soon as you become aware	
Cleaning Equipment	Detergent	Clean after use		Clean after use		Detergent + Disinfectant	Clean after use	
Clipboard / Folders	Detergent	Clean after use		Clean weekly		Detergent + Disinfectant	Clean and disinfect as soon as you become aware	
Computer, Keyboard, Mouse Headsets	"Consider adding a wipeable cover to the device/screen. Refer to manufacturer's recommendations. Detergent."	Clean at least daily or when visibly soiled, and between users if equipment is shared		Clean weekly or when visibly soiled		Detergent + Disinfectant on wipeable cover, or isopropyl alcohol-based wipes/sprays	Clean and disinfect as soon as you become aware	
Curtains and Blinds	Refer to manufacturer's recommendations. Steam clean curtains or blinds in place or machine wash curtains according to manufacturer's recommendations	Clean weekly		Clean monthly		Damp dust + Detergent. Steam clean curtains or blinds	Clean and disinfect as soon as you become aware	
Door Frames	Detergent	Clean at least daily		Clean weekly		Detergent + Disinfectant	Clean and disinfect as soon as you become aware	
Drinking Fountains	Detergent	Clean at least daily		Clean daily		Detergent + Disinfectant	Clean and disinfect as soon as you become aware	
Elevator buttons	Detergent	Clean at least daily		Clean weekly		Detergent + Disinfectant	Clean and disinfect as soon as you become aware	

Floor (non-slip vinyl)	Detergent	Damp mop daily		Damp mop daily		Detergent + Disinfectant	Clean and disinfect as soon as you become aware	
Floor (polished concrete)	Detergent	Dust removal & clean daily		Dust removal & clean weekly		Detergent + Disinfectant	Clean and disinfect as soon as you become aware	
Fridges	Refer to manufacturer's recommendations. Detergent	Weekly, & defrost to clean as required. Clean frequently touched surfaces on fridge (i.e. handles) at least daily		Monthly & defrost as required. Daily spot check—clean when necessary		Detergent + Disinfectant	Clean and disinfect as soon as you become aware	
Hand rails, stair rails	Detergent	Clean at least daily		Clean weekly		Detergent + Disinfectant	Clean and disinfect as soon as you become aware	
Keys and locks and padlocks	Detergent	Clean daily		Clean weekly		Detergent + Disinfectant	Clean and disinfect as soon as you become aware	
Kitchen appliances (toasters, kettles, sandwich presses, jaffle makers, ovens)	Refer to manufacturer's recommendations. Isopropyl alcohol-based wipes/sprays. Detergent	Clean at least daily		Clean weekly		Detergent + Disinfectant	Clean and disinfect as soon as you become aware	
Light and Power point Switches	Damp dust + Detergent	Clean at least daily		Clean weekly		Detergent + Disinfectant Damp dust	Clean and disinfect as soon as you become aware	
Lights/lighting	Refer to manufacturer's recommendations. Detergent.	Clean daily		Clean weekly		Detergent + Disinfectant	Clean and disinfect as soon as you become aware	
Microwave	Refer to manufacturer's recommendations. Detergent.	Clean frequently touched points on microwave at least daily		Clean daily		Detergent. Disinfectant on outside surfaces only	Clean and disinfect as soon as you become aware	
Remote controls	Detergent	Clean at least daily		Clean weekly		Detergent + Disinfectant	Clean and disinfect as soon as you become aware	
Shelves (and items on shelves)	Detergent	Clean weekly		Clean weekly		Detergent + Disinfectant	Clean and disinfect as soon as you become aware	
Shower	Detergent + Disinfectant	Clean daily or after each use if shared facilities		Clean weekly		Detergent + Disinfectant	Clean and disinfect as soon as you become aware	
Sink (hand washing & kitchen)	Detergent	Clean at least daily		Clean daily		Detergent. Disinfectant on areas around sink only, not in sink	Clean and disinfect as soon as you become aware	

Tables/desks	Detergent	Clean at least daily		Clean weekly		Detergent + Disinfectant	Clean and disinfect as soon as you become aware	
Telephone	Detergent	Clean at least daily & more regularly if shared by multiple users		Clean weekly		Detergent + Disinfectant Damp dust	Clean and disinfect as soon as you become aware	
Toilet	Detergent + disinfectant	Clean at least daily		Clean weekly		Detergent + Disinfectant	Clean and disinfect as soon as you become aware	
Toilet doors and locks	Detergent + Disinfectant	Clean at least daily		Clean weekly		Detergent + Disinfectant	Clean and disinfect as soon as you become aware	
TV	Refer to manufacturer's recommendations. Damp dust + Detergent	Clean weekly		Clean weekly		Detergent + Disinfectant Damp dust	Clean and disinfect as soon as you become aware	
Vending Machines	Refer to manufacturer's recommendations. Damp dust + detergent or Isopropyl alcohol-based wipes/sprays	Clean frequently touched points on machine at least daily		Clean weekly		Detergent + Disinfectant Damp dust	Clean and disinfect as soon as you become aware	
Walls	Damp dust + Detergent	Spot clean touched walls daily & full clean yearly		Spot clean weekly & full clean yearly		Detergent + Disinfectant	Clean and disinfect as soon as you become aware	
Windows	Detergent	Spot clean touched windows daily		Clean weekly		Detergent + Disinfectant	Clean and disinfect as soon as you become aware	
Window frames (sliding servery window types)	Detergent	Clean at least daily		Clean weekly		Detergent + Disinfectant	Clean and disinfect as soon as you become aware	

Exercise and Participation in Sport

- Exercise and participation in sport remains an important part of physical and mental health for everyone
- For those who are well, they should continue to train, taking note of the current restrictions on public gatherings
- Follow the AHPPC COVID-19 Community Sport Guidelines https://www.sportaus.gov.au/media_centre/news/minister-for-sport-issues-covid-19-guidelines-for-community-sport

MGC supports Sport Australia's statement that: 'Exercise and participation in sport remains an important part of physical and mental health for everyone. Those who are well should continue to be active by engaging in exercise and playing sport.'

What happens in the event of school closures?

- MGC will follow the guidance of the Department of Health and state authorities. If schools are shut down, it would be advisable to consider closure of gyms/training facilities
- MGC has prepared an online resource in the event of a closure and integration of virtual class options suitable to their circumstances
- Should there be a suspected case at the gym? Follow incident notification details from safe work aus <https://www.safeworkaustralia.gov.au/doc/incident-notification-covid-19>

Health Checkpoint prior to entry (2020)

Per visit questionnaire (Jotform) and temperature check should be taken before any staff or athletes participate in onsite activities (over phone where possible):		
Have you been overseas in the last 3 weeks?	YES	NO
Have you been in contact with anyone who has?	YES	NO
Have you been in contact with anyone with a known or suspected case of the COVID-19 virus?	YES	NO
Has your doctor suggested you get tested or self-isolate?	YES	NO
Do you have any flu like symptoms? (List the ones you are experiencing).	YES	NO
Temperature check:		°C
If you answer YES to any of the questions above, you must NOT attend the site for 14 days, or until you have written evidence of a 'negative result' and are feeling well.		

Operation & Facilities

Area	From 9 th November 2020	From 23 rd November 2020
Approvals	<p>The club must obtain the following approvals to allow a return to training indoors:</p> <ul style="list-style-type: none"> State/Territory Government approval of the resumption of indoor sport. Relaxation of public gathering restrictions to enable training to occur. National/state sporting body/local association approval of return to training for community sport. 	<p>The club must obtain the following approvals to allow further eased restrictions in the gym:</p> <ul style="list-style-type: none"> All areas listed from 9th November in addition to other areas listed below.
Training Processes Principle 1 & 5	<ul style="list-style-type: none"> Club will follow- indoor sporting activity that can be conducted within the guidelines of the COVIDSafe Roadmap. Spectators not allowed at facility Maximum of 10 gymnasts per group Parents or carers are permitted to attend if they are supervising children or supporting gymnasts with additional needs. Staff to wear face masks at all time All class (except O18) to begin, with training of 45 minutes to max 2 hours, same groups to limit amount of contact athletes are having with others. Participant limits of no more than 20 people. Use of high 5's no longer permitted, coaches are welcome to spot gymnasts for safety reasons as long as they utilise common sense and get in spot, get out and sanitise. No stickers and sparkles to be used Hand apparatus will be kept to a minimum and equipment chosen will be equipment that can be easily cleaned or sprayed if fabric. X marks the spot for 1.5 guidance 1.5 metres distance kept between each activity. Equipment will be cleaned by athletes and coaches during, between and after each session. No sharing of personal equipment. Attendance Register for all classes QR code for all participants and health questionnaire Develop and educate workers on strategies and work practice changes to maintain physical distancing 	<ul style="list-style-type: none"> Participant limits of no more than 50 people (based on restrictions levels) Group of no more than 10 children per 1 coach

	<ul style="list-style-type: none"> Reinforce messaging to workers that physical distancing needs to be maintained during work and during social interactions 	
Personal health Principle 3	<ul style="list-style-type: none"> Personal hygiene encouraged (e.g. gymnasts and staff must wash hands prior to and after training) Sanitiser is available at all apparatus throughout the gym and at entrance and exit points. Hygiene signage located in bathrooms and public areas. Additional bins for tissues Cleaning Tubs are located throughout the gym for all athletes to clean as they go. Participants, coaches, and support staff are asked to not attend if unwell (including any signs/symptoms of cold, flu, COVID-19 or other illness). Staff check in procedures include the answering of health questions. Washing of hands prior to, during and after training encouraged and use of hand sanitiser where available. Staff and members to avoid physical greetings/exits (i.e. hand shaking, high fives etc.). Avoid coughing, clearing nose, spitting etc. Tissues are available and must be disposed of in the bin immediately. Gymnasts encouraged to arrive at training in the clothes ready to train and take all personal equipment home with them. 	
Hygiene Principle 3	<ul style="list-style-type: none"> MGC will be following the Club Surface and Equipment Cleaning Guidelines set out by Gymnastics Australia to clean all surfaces within the facility – see earlier in this document Cleaning Tubs located around gym for every apparatus. Face masks to be worn at all times by staff. Over 12's encouraged to wear when lining up or waiting and not completing strenuous physical exercise. Identify high touch surfaces (lift buttons, door and cupboard handles, kitchen counters, touch screens, shared work equipment) Provide information about workplace cleaning schedule and how to use cleaning products Identify which products are required for thorough cleaning Monitor supplies of cleaning products and regularly restock. Location of hand sanitiser stations throughout the worksite to be suitable for children and accessible at all times in the gym. Ensuring rubbish bins are available to dispose of paper towels. Ensuring adequate supplies of soap and sanitiser. Ensuring workers have information on how to wash and sanitise their hands correctly. 	
Communications Principle 4	<ul style="list-style-type: none"> Staff will complete infection control training and review club policies and procedures regarding COVID-19 before being allowed out on the floor. Warm up each day will finish 3 minutes early for coaches to explain to gymnasts the rules of safe participation in the gym. Members are receiving email, Facebook/Instagram posts and website communication regarding the safe return to gymnastics at MGC. Social distancing posters, signage and communication throughout gym, online and emails. 	
Facilities Principle 1, 5 & 6	<ul style="list-style-type: none"> Members encouraged to utilise toilets at home/school prior to entering the facility to reduce the amount of use needed in the toilets. Use of bathroom facilities is permitted when needed. 2 children maximum can be using the toilets at any one time, COVID Safety Officer onsite to manage toilet numbers. Drinking fountain not in use as it is inside the facility. All children encouraged to bring personal drink bottles, tap available for refills, manned by staff member. 	

	<ul style="list-style-type: none"> Parents are being requested to drop off and pickup "get in , train hard, go home" no congregating at drop off or pick up. MGC follows the Club Surface and Equipment Cleaning Guidelines set out by Gymnastics Australia to clean all surfaces within the facility. Parties will not be allowed at this time (most likely until 2021) Covid safety Marshall and Cleaning Staff responsible for cleaning any touch point areas such as doors, handles etc between classes. 	
Facility access Principle 1, 4 & 5	<ul style="list-style-type: none"> Members must complete the QR code upon entry to the gym. Restrictions on class access to limit anyone who has: <ul style="list-style-type: none"> COVID-19 or has been in direct contact with a known case of COVID-19 in the previous 14 days. Flu-like symptoms or who is a high health risk (e.g. due to age or pre-existing health conditions). Travelled internationally in the previous 14 days. Temperature taken and hands sanitised at cleaning station before entering the "safe zone". Temperature must not exceed 37.5 degrees, participants sent home if high temperature is detected. Spectators are not allowed at any time in the gym QR code in use for parents at drop off, link also send for parents whose child comes to gym by themselves. Entrance to the gym via the 	<p>Entrance to gym may return via the front doors at Windsor.</p> <p>Entrance to Wesley will be via carpark, no parents allowed to park, and will be drop off and pickup only.</p> <p>Entrance to SGC continue as has been through lockdown.</p>
Hygiene Principle 3	<ul style="list-style-type: none"> Hygiene protocols: <ul style="list-style-type: none"> Availability of hand sanitiser at entry/exit points of fencing and for staff, on their person. Staff must take temperature prior to entering the "safe zone" wear masks at all times and wash uniform after every session. Children under 12 are not required to wear face masks. Participants over 12 do not have to wear a mask whilst undertaking strenuous exercise but must wear the mask to and from class. Participants and involved parent/carer must have temperature taken before entering the "safe zone". Temperature cannot exceed 37.5 degrees Cleaning standards – increase regular cleans and frequent wiping of high touch surfaces. Rubbish bin provided inside gym multiple around the space for safe disposal of cleaning items or tissues. 	<p>Taking of temperature may discontinue if not common practice in 2021</p>
Management of unwell participants Principle 4	<ul style="list-style-type: none"> MGC reserves the right to send a participant home if deemed to be displaying concerning symptoms, for the safety of all others. Staff at will place concerning participant in the office area by themselves until they can be collected. Areas that participant touched will then be taken off rotation and deep cleaned. If a participant is deemed unwell and sent home for COVID concerns. Staff must inform the COVID Safety Officer (Sarah Reid) via email. Safety Officer will notify public health authorities and WorkSafe of concern and inform other attendees on that night that there was a concern and what the follow up process will be. 	
Club responsibilities Principle 4	<p>The club will oversee:</p> <ul style="list-style-type: none"> Provision and conduct of hygiene protocols as per the Roadmap. The capture of a record of attendance at all training and club activities and maintaining an up-to-date log of attendance, including staff shift times and dates. Staff will aim not work across two or more facilities, and document when this occurs 	

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| | <ul style="list-style-type: none">• If a worker or participant who is a confirmed case of COVID-19 has attended the venue whilst infections the club will: undertake a risk assessment (potentially closing for classes to conduct cleaning and identifying close contacts), contact DHHS and WorkSafe, determine hotspots, clean anything that has been used for outdoor classes.• Staff to follow the COVID Safe plan document (this document) | |
|--|---|--|