



GYMSTAR
MGC

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GYMNASTICS



Gymstar Camp

Sophie Bohlson

WAG & MAG Advanced



Sophie Bohlson is an Advanced WAG & MAG coach working in the GV - MGC Gymstar team. In her free time Sophie is a circus performer with a Bachelors degree in Circus Arts.

Growing up in Armidale NSW, Sophie started gymnastics at 11 years old and fell in love right away. Just one year later Sophie began helping coach other children in recreational gymnastics, and her love and knowledge for coaching the sport blossomed.

Sophie has always been training whether in gymnastics or circus and thrives off sharing all the amazing things she's learnt with those around her. Sophie has a passion for coaching a wide range of ages and ability levels and can't wait to help more people experience the thrill of gymnastics. Sophie looks forward expanding athletes knowledge of forward tumbling drills and skills!



Returning Forward Tumbling SPECIALIST COACH

